

My Obedient Finger

When our mind sends a message to a particular finger which causes it to move, does it obey us as a result of an underlying thought whereby we have initiated an action? Does our finger comply with our wishes being as it has received instructions from our mind? Is the moving of a particular finger an expression of our thoughts? Is it possible we can give ourselves credible suggestions to be, or to remain, in a harmonious state if we realize we have the ability to do so? Would our entire being then become a harmonious expression of our spiritually aligned thoughts? Do our thoughts have creative power?

Does our finger moves because it obeys our thought creating mind? If societal beliefs convince us that our finger will no longer respond, will it become unresponsive? Does our mind transmit commands which correspond to our ingrained beliefs, either for our benefit or detriment? Should we deliberate carefully upon the consequences of our thoughts and the resultant subtle directives we are subconsciously creating? Can this be one of the elusive and little understood Truths that sets us free from the burdensome trials of life? Can we demonstrate the courage to hold fast to our firmly held beliefs?

Through the wisdom acquired in contemplative prayer and meditation, we can realize of the unreality of the delusion we are continually immersed in. With our unfolding understanding, not only will we be able to give authoritative direction to our obedient finger, we will surely be able to improve the overall quality of our lives. Could the cause of all inharmony be our lack of awareness with regard to our ability to utilize the inherent power of Mind which is flowing directly from the Almighty? When we trust our thoughts have transformational power we are able to draw upon the infinite reservoir of life and in doing so, we can realize our deepest desires. As a direct result of our trust, coupled with the exalted quality of our thoughts, we are lovingly restored and renewed.

